

## The Ampcare Team

Russ, Ronda and Rick have worked together for 30 years to establish new treatment protocols in oropharyngeal dysphagia. Merging their interdisciplinary care approach and synergy of ideas, Ampcare, LLC was formed and brings you the ESP technique.



**Russ Campbell**  
CEO

Russ, PT, is an award-winning therapist and received his degree in Physical Therapy from Northwestern University in 1989. He is responsible for the company's growth, research and development.  
[rcampbell@ampcarellc.com](mailto:rcampbell@ampcarellc.com)



**Ronda Polansky**  
Vice President

Ronda, M.S., CCC-SLP, is an expert in dysphagia, performing more than 20,000 Modified Barium Swallow Studies. She has led CE courses, published materials on dysphagia and is Vice President in charge of customer relations and professional development.  
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**Rick McAdoo**  
Vice President

Rick, M.S., CCC-SLP, was the first to show laryngeal elevation using transcutaneous electrical stimulation (over the skin) on a computerized laryngeal analyzer and under video fluoroscopy. He is Vice President in charge of sales and marketing.  
[rmcadoo@ampcarellc.com](mailto:rmcadoo@ampcarellc.com)

## Honors

- Health Impact Award Winner
- Tech Titans Technology Inventor of the Year



## Order Products or Register for Training

**Online:** [www.ampcarellc.com](http://www.ampcarellc.com)

**Call:** (682) 561-2444

## Contact Us:

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## Effective Swallowing Protocol (ESP™)



## FDA-Cleared Dysphagia Treatment

Do more in 30 minutes

Uniting the benefits of neuromuscular stimulation, resistive exercise and proper postural strategies.

[www.ampcarellc.com](http://www.ampcarellc.com)  
(682) 561-2444



Do more in 30 minutes

## Connect with Us:



# Ampcare's ESP Dysphagia Therapy System



## ES Stimulation Unit

- Cleared by the FDA
- The first hand-held unit with adjustable parameters for the treatment of dysphagia
- Adjustable parameters to manage patient comfort
- Multiple treatment settings
- Visible muscle contraction
- 30-minute treatment protocol



## E Series Electrode

- FDA-cleared, patented electrode and the most economical
- Multiple sizes
- Reusable single-patient use (\$1.30 per visit)
- Shape ensures proper placement
- Disperses current evenly for added comfort



## Posture Device

- The only resistive exercise protocol
- Establishes the ideal head and neck position; maintains placement of E Series Electrode
- Comfortable, contoured fit
- Allows for optimal laryngeal and pharyngeal movement

## Learn More, Learn Often

- Advanced ASHA CE Credit to receive certification in the Effective Swallowing Protocol (ESP) Therapy System
- Hands-on lab and demonstration of facial and submental placements
- 4 course options for certification
  - Live In-Person - 10-hours
  - Hybrid: On-Demand + Live - 10-hours
  - Hybrid: On-Demand + Zoom - 8-hours
  - On-Demand - 8-hours
- Access to Ampcare's library of content for certified users



For upcoming classes and locations:  
[www.ampcarellc.com](http://www.ampcarellc.com)



ASHA CE  
APPROVED PROVIDER

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Advanced Level  
0.8 ASHA CEUs

